

# Stars Behind The Tortured Soul

Poetry for the Tortured Soul  
Stars Behind the Tortured Soul  
The Desolation of a Tortured Soul  
Life of a Tortured Soul  
The Life of a Tortured Soul  
A tortured soul  
A Tortured Soul  
A Tortured Soul  
A Guide for Tortured Souls  
FROM MY HEART TO YOURS  
A Tortured Soul  
A Tortured Soul  
Melancholy Memories of a Tortured Soul  
The Medium and Daybreak  
A Tortured Soul  
Cries of a Tortured Soul  
Hamlet, Prince of Denmark  
The Lomond Hills  
Belgravia  
Hiero-Salem  
Andra Wadas  
Miriam Slozberg  
George Colby  
Hoffman Tru Faith  
G-Down S Darling- Barker  
Gracie Lane  
Marc Nobbs  
Jeanne Du Soleil  
Katherine R. Benson  
Arthur Goodwill  
Marjorie Simmons  
William Garrett  
L a Detwiler  
R.I. Iyemere  
William Shakespeare  
Charles Gulland  
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a poetry book full of words that you can connect with in any level of life photos and simple thoughts through out the pages feelings of raw emotions words that carry us back to that day that left the lasting impression on our lives as we travel through and meet one person to the next we fall in love we cry from losing love and then we try again all of theses passages are a everlasting mark upon our lives i hope you find those impressions in my work and connect with my words thank you and enjoynamasta

my story begins in my home state of maryland where i was the youngest of three children from my earliest memories i was the victim of severe abuse at the hands of my birth father which i endured throughout my adolescent years during this time i was visited by two angels who have accompanied me my entire life they told me that i would suffer many things and be hated by all men but if i kept my faith in god i would have a special place in heaven once my mother left my birth father she moved us to her mother s house in washington d c then my mother

married my second father who was from germany we moved back to maryland but he had a serious drinking problem and he committed suicide she then married our third father and we moved to florida where he too became abusive when our grandmother died we moved back to maryland my third stepfather continually beat me it became so bad i had to live in the woods in the winter and eat out of trash cans after i got a job my mother took most of my paycheck for her husband s drinking and gambling money this story of extreme child abuse promises to take you on a journey through the eyes of a child as the victim to the young adult as the survivor my sole purpose and motivation is to help child abuse victims and help those more fortunate to understand the victims first time author george colby hoffman now lives in florida his next book is titled from exercise to competitive bodybuilding for the over 50 publisher s website sbpra com georgecolbyhoffman

this is a story of one person s path to salvation it is a story about a lady who during her life had regrets she had lived a life so dramatically different that she could not and would not reveal her life story until after her death in the form of a dream it is a story of my aunt she passed at the beginning of the year 2020 and she gave her story to me through a dream she said that it was the best way to let everyone know that she was saved by the grace of god before she died

paul robertson s epic coming of age story continues in this follow up to the novel a good man after almost a year running from his grief on a road trip around the united states paul returns to westmouthsire for a fresh start at university but he knows he can no longer run from his problems he knows he has to turn and face them if he is ever to get on with his life but that s not as easy as it sounds new friends an old enemy and a voice that haunts his days and fills his dreams will paul ever find a cure for his tortured soul

are you a tortured soul do you question your existence on a daily basis do you wonder why you are here do you despair of ever finding a reason for living does life in modern america often seem shallow and meaningless do you have trouble fitting in are you artistic hypersensitive and reflective do you always feel out of sync with the society if so you may be a tortured soul and this book was written for you it is a roadmap for life for you to take in any direction you wish it is also a tool for healing not just another pop psychology or self help book this book addresses those of us who are truly tortured souls

these poems of love and inspiration came from times of joy and sorrow but through all of those times whether good or bad i had my lord and saviour jesus christ by my side his loving kindness and grace has guided me to a place of peace my only hope is that these few words will also help inspire someone else when things sometimes feel unbearable sincerely katherine r benson

goodwill you are going to die they pointed a gun at my head and they were going to kill me they told me goodwill you are going to die how did i end up in this situation i will tell you my name is arthur goodwill and this is my story i will start from the beginning this book is the true story of an individuals experiences of psychosis hearing voices and recovery it is essentially an autobiography or memoir of a sufferer of psychosis if you have ever wondered what it is like to be a schizophrenic or to suffer from mental health problems such as psychosis then look no further than this book it also provides tips on how the author coped with psychosis it has been described as sobering but also funny in places as it demonstrates the life of arthur goodwill and the imagined torture that he suffers

introduction this book is the true story of my experience of having a psychotic breakdown everything written here is true i have however changed the names of all of the characters to protect their identities in case they do not want to be identified i wrote this book to show the world what it is like to experience psychosis and hear voices hopefully having texts like this out there will raise awareness of psychosis and other mental disorders such as schizophrenia and depression my intention in writing this book is to normalize these experiences and limit the stigmatism and prejudice suffers of mental health problems experience hopefully those who have not suffered these problems will be able to see things from a sufferer s point of view and be more willing to accept them as individuals after reading this text as one of the above quotes demonstrates people who do not know the facts about mental illness fill in the gaps of reality with fantasy or information they have gathered from the media most of this negative i hope to change this through education this book is basically a short autobiography or memoir that mainly focuses on incidents which have lead me to experience psychosis and that demonstrate what it is like to hear voices i also found writing this book very cathartic and calming for the first time i felt able to convey some of my experiences to others ones that i could not convey in words before in essence i am also attempting to decode my own experiences of psychosis in addition to sharing them with willing readers in order for readers to have the experience of hearing voices i have included things the voices say throughout the text this sometimes disrupts the narrative and is similar in style to vladimir nobokov s pale fire or mark z danielowski s house of leaves my aim being to mimic the effects the voices have on my own conscious and the interruption and distress they cause i will italicize these comments so that they do not confuse the reader the voices i hear are actually those of two former friends whom i have chosen to call kian fosco and dale bile and occasionally a third unknown voice also comes into play mostly it is kian s voice that i hear and that you will read i will explore the voices later in the book i have however kept the use of this technique to a minimum to avoid unsettling the reader too much i have also toned down some of the graphic details that the voices go into for the sake of everybody s sanity

a tortured and haunted soul am i screaming and begging deep down inside for death to find me quickly so the suffering will go to whence from it came the hell that lurks in my mind is more painful than death itself relief will come when my last breath is gone

melancholy memories of a tortured soul is an unrelenting plunge into life s many morbid oppression s it s a brooding decline into true loneliness an excursion with deep contemplating moments of intense uncertainty twelve isolated individuals whose lives have endured continual hardships are faced with one last task an agonizing trek into madness yet standing in their way are three brutally tormented demons their souls already condemned to hell will judge over the night s grisly endeavor for every great accomplishment there is its grim guardian slithering in the darkness yet beckett didn t know that along the way he would find something else something that was relinquished had miraculously been found and he didn t know anything about her the girl with the frazzled blue windbreaker and dingy white t shirt not yet

from usa today bestseller l a detwiler comes a sinister horror story with jaw dropping twists everyone has a breaking point at twenty an unplanned pregnancy seals crystal holt into a marriage to the abusive richard connor after a stillborn birth crystal insists they have the baby baptized postmortem a cynic a drunk and a poor man richard has other plans when her monstrous husband tosses the baby into the woods to be forgotten crystal instantly spirals after beating her within an inch of her life richard does something else he s done before he disappears this time however things feel very different with her husband gone crystal battles with the demons of abuse dark childhood memories and a declining mental state worsened by horrific nightmare sequences as the story unfolds it becomes clear that something s not quite right about the way richard disappeared this time and crystal is in more danger than ever after all not all of the dark secrets belong to richard will crystal be able to escape from a lifetime of torture unscathed or will she succumb to the dark secrets she s fallen prey to before a twisted page turner that will disturb even the toughest horror and dark thriller fans

since the beginning of time sometimes some peoples chose to write about their life experiences in these works i have just done that but in a form of poetry because love is the stranger who disagrees should go on and write their version of stories about me is their prerogative i have been discredited by those strangers that think that they hold the powers but i have stated the facts of the matters the things that i heard them say about my daughter and me but i do not possess the powers to rectify the mistakes that have been made as we lead our lives we all make mistakes daily because we are all humans and we are all fallible due to all that have gone on so many times i cried myself to bed in my darkest hours i was consoled by my wonderful daughter instead of being the child she grew up faster

and became the shoulders to cry on and so i dedicate the entirety of these works to my late daughter s foundation foundation in memories of ada emila ruth valmori bsc hons because these honours are yours and must remain yours alone till the end of time to her father the kindest man truly with a heart of gold the kindest man on earth of whom without i probably would not have been here today the man who brought up his stepson with the kindest heart as he would bring up his own natural child and to my grandson to another man a wonderful person of whom without we would have been homeless for much longer than necessary he who saw that wrong was done and asked that things should be put right to those freedom fighters of yester years and those of today to they who fight for the rights of the weak due to injustices in our world to all the descendants of immigrants the world over those from the beginning of time since humankind because they were the courageous pioneers who set the pace that some of us followed to those who have travelled abroad to cure their child to those that believe in fairness and those who believe in kindness to those who believe in love to the just women and the just men of this our great universe r i iyemere

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